

In the academic year 2020/21, Relationships, Sex and Health Education will become statutory in all secondary schools in England. This new subject will build on the non-statutory lessons we have previously taught in RSE.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

We have been researching various programmes that are available and have decided to adopt **Life to the Full** by Ten Ten Resources. Ten Ten is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work.

Life to the Full has been approved by our diocese. Furthermore, Ten Ten have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the new statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

The lessons are delivered via pre-recorded videos, that contain opportunities to think, discuss, and reflect. This will play a large basis of how the lessons are carried out remotely.

The unit of work will cover the following areas, which are some of the areas our pupils have also studied during their PSHCE sessions. We have provided the links to the lessons below, which your child's RE teachers will be setting remotely for pupils to also complete via SMHW for any isolating pupils. They will need a password to access this.

Session 1: Who am I?

Vision: Our core identity is that each of us is a completely unique person, a unity of body and soul, created and loved by God.

Session 2: Changing Bodies

Vision: Puberty involves physical, emotional and sexual development. Daunting though it can be, it is part of God's plan for us.

Session 3: Healthy Inside and Out

Vision: Thinking about self-esteem helps us consider its impact and how to nurture it.

Session 4: Where we come from

Vision: Sexual intercourse is revealed as more than just a physical act, but a gift from God for married couples, an expression of love and His plan for how babies are made.

Session 5: Family and Friends

Vision: Reflecting on different types of friendship and family structure opens up strategies for managing behaviour through consideration of thoughts, feelings and actions.

Session 6: My life on screen

Vision: Online lives need safeguarding, just like in real life.

Session 7: Living responsibly

Vision: Becoming aware of the effects of actions on others helps us understand the concept of social responsibility.

Lastly, pupils will then take part in the ‘Cinema-in Education’ programme as a special session that will have pupils off timetable consolidating the themes they have studied throughout the course. This will take place on Monday 5th July 2021.

We hope that our approach not only assures you about the new subject we are going to undertake; we hope that this will be an important and exciting opportunity for our entire school community.

Should you have any worries or concerns, please don't hesitate to get in touch with any member of the RE department.

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